

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lizette Van den Berg

Has successfully participated & completed the

12km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

TIME 01:11:36

PACE 05:57/km

OVERALL 55 of 124

GENDER 28 of 77

40 - 49 9 of 23

28 August 2016, Sun

Date



BoutTime